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Tuesday, October 6, 2015 www.metro.us | t: MetroBOS | f: MetroBoston

PRETTY LITTLE NOVELIST

Art imitates life in "Pretty Little Liars" star Shay Mitchell's new book. 9

Bruins in rough shape in power rankings. 13

'Zombie' is back with a whole new batch of brains. 10

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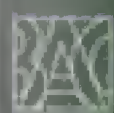
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Kidney drive

Quincy family seeks organ donation by advertising
in the back window of their minivan. 4



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CLINTON'S GUN PLAN

1 U.S. Democratic presidential candidate Hillary Clinton said Monday that if elected she would use the power of her office to curb gun violence if necessary. She called for expanding background checks and making it easier to hold negligent manufacturers and dealers accountable. **REUTERS**



AMTRAK DERAILMENT

2 An Amtrak passenger train hit debris from a rockslide and derailed in central Vermont on Monday, sending at least seven people to the hospital. The train, en route from St. Albans, Vt., to Washington, went off the tracks near Roxbury, about 20 miles south of the state capital, Montpelier. The U.S. national passenger rail service said the derailment of Train 55 was reported to local authorities at 10:30 a.m. Police and emergency crews went to the scene, Vermont State Police spokesman Scott Waterman said. **REUTERS**

BODY FOUND IN SEARCH

3 Missing cargo ship El Faro, hit by Hurricane Joaquin, is believed to have sunk off the Bahamas, and one crew member is confirmed dead, the U.S. Coast Guard said Monday. It said the search continued for possible survivors among the 32 other mostly American crew. **REUTERS**



Coast Guard Captain Mark Fedora



NINE DEAD IN HISTORIC SOUTH CAROLINA RAINS AND FLOODING

7 Floodwaters deluging South Carolina after unprecedented rainfall have resulted in nine deaths, more than 500 road and bridge closures and hundreds of rescues of people trapped in homes and cars, officials said Monday. Gov. Nikki Haley warned residents to remain on alert as rain continued to fall in some of the hardest-hit areas, including the state capital of Columbia. **REUTERS**

Tyler Zahnmueller, Will Brennan and Matt Talley take a canoe to investigate their homes following flooding in Columbia, S.C. **ALL PHOTOS GETTY IMAGES**

BP TO PAY \$20 BILLION

4 BP will pay more than \$20 billion in fines to resolve nearly all claims from its Gulf of Mexico oil spill five years ago, marking the largest corporate settlement of its kind in U.S. history. The agreement, first outlined in July, adds to the \$43.8 billion BP had previously set aside for criminal and civil penalties and cleanup costs. **REUTERS**



NOBEL PRIZE MEDICINE

5 Three scientists from Japan, China and Ireland whose discoveries led to the development of drugs against parasitic diseases including malaria and elephantiasis won the Nobel Prize for Medicine. Irish-born William Campbell and Japan's Satoshi Omura won half the prize for discovering avermectin, a derivative of which has been used to treat people with river blindness and lymphatic filariasis, or elephantiasis. China's Tu Youyou was awarded the other half of the prize for discovering artemisinin, a drug that has slashed malaria deaths. **REUTERS**

DORSEY IS TWITTER CEO

6 Twitter named Jack Dorsey as its permanent CEO but said it would look elsewhere for a chairman, seeking to allay concerns about its co-founder's dual role as head of the mobile-payments company Square. Dorsey has been running Twitter as interim CEO since Dick Costolo stepped down July 1. **REUTERS**



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Metro gets a makeover!



JULIANNE AERTS
Metro Art Director
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Metro's focus has always been how to provide to you, our readers, the best possible experience when you pick up your copy each morning.

As you turn the pages today, you will notice a cleaner, modern, sophisticated, well-organized look. This design has been a year in the making. We changed the navigation of the paper to make it easier for you to find exactly what you are looking for. Each section is designated with a distinct color that plays off of our iconic

green. Starting with the darkest shade and working your way forward in opacity, you'll discover the biggest news items of the day — in your city, in the nation and across the world. Next you'll find the latest happenings in the entertainment world, followed by our special section of the day, and ending your experience with the latest in sports.

Because we know you most often read Metro in the rush of your commute or with a quick cup of coffee, we have allotted our inside cover to highlights from around the world, so you'll be able to scan the most important news in the blink of an eye.

Earlier this year, we began to focus on one main topic a day and will continue this popular feature, publishing the latest career and education stories on Mondays, Wellbeing on Tuesdays, Home and Real Estate on Wednesdays, Going out/Staying in and Travel on Thursdays, and WKND entertainment on Fridays.

The key to great design is simplicity and meaning. By cutting out the clutter and making our pages cleaner and easier to read, our aim is to leave you, our readers, with the best possible experience and our best content. We hope you enjoy!

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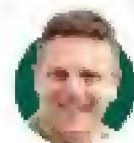
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Michele Corey and Nathan Knowles. NICOLAUS CZARNEDA, METRO

Kidney donation plea on car window

A Quincy man is looking for a kidney donor.



NATE HOMAN
@MetroBOS
nate.homan@metro.us

The sign on the back of his wife's car has been up since Mother's Day, but the search for a new kidney is a long and arduous task for Nathan Knowles and the people who have volunteered in vain to donate.

"I'm not dying, not yet," Knowles, 43, of Quincy, said. "I am trying not to get to that point. When people are in my situation, most of us are very active and want to stay that way."

He is battling a genetic condition called polycystic kidney disease. He and his family have been looking for a donor for about a year and have run out of options among their family and friends. His family loves him. They fight for

his well being every time they go for a drive to the store. The back window reads: "Husband and father of 2 needs kidney. Type O." kidneygift@gmail.com

"I'm really lucky that I have another donor being tested and hopefully will be cleared soon for surgery, but you can't count on one donor," Knowles said. "Doctors say they try to get as many people as possible. Your insurance will only pay for one person testing, and it takes months."

According to information put out from Tufts Medical Center, where Knowles works and is a patient, the symptoms are unpleasant but manageable.

"The hallmarks of the disease are cysts on the kidneys which cause the organ to swell," said Dr. Ronald Perrone, M.D., associate chief of the Division of Nephrology at Tufts Medical Center. "Patients encounter pain, possible blood in their urine,

infections in the cysts and eventual failure. It affects both kidneys, and while it can interfere with the day-to-day life, many patients can enjoy a decent quality of life in the early stages."

On average, polycystic kidney disease, a hereditary disease, leads to kidney failure by the age of 55. At an incidence of one out of a 1,000 people in the United States, it is the fourth-most-common reason for patients requiring a transplant or dialysis.

Knowles continues to volunteer for Quincy youth programs and sit on the board of Parks and Recreation while working full time. But he said the condition zaps the energy from him, and going to bed before his family does is always frustrating. He is the father of an 11- and a 14-year-old.

"I need to be here for them," Knowles said. "I also am dedicated to spread awareness on kidney diseases while I get myself healthy."

Dana-Farber's Mammography Van

October 2015

Site

Tuesday 6	Bowdoin Street Health Center
Tuesday 13	South End Community Health Center
Thursday 15	Neponset Health Center
Tuesday 20	Bowdoin Street Health Center
Wednesday 21	Joseph Smith Community Health Center – Waltham
Thursday 22	Manet Community Health Center – Hull, MA
Tuesday 27	MGH – Charlestown HealthCare Center
Wednesday 28	The Dimock Center

November 2015 Site

Tuesday 3	Bowdoin Street Health Center
Wednesday 4	Joseph Smith Community Health Center – Allston
Tuesday 10	South End Community Health Center
Wednesday 11	The Dimock Center
Thursday 12	Geiger Gibson Community Health Center
Wednesday 18	Joseph Smith Community Health Center – Waltham

The Van provides digital screening mammography to the women of Greater Boston. To learn more or schedule an appointment, please call us at **617.632.1974** or visit www.dana-farber.org/mammographyvan.

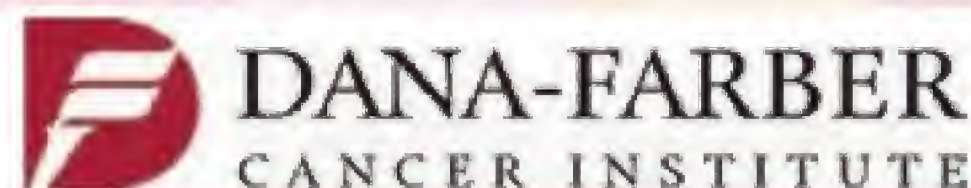
Unable to make one of the scheduled van dates? Come in for your mammogram at Dana-Farber's Mammography Suite at Whittier Street Health Center. Call **617.989.3200** for more information.

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Residents Alex Aman, Clementine Jennings-Hess and Rebecca Fromm, right, hold a meeting. **NICOLAUS CZARNECKI, METRO**

Housing nonprofit competes for \$500K

Ministers behind a faith-inspired co-op in Roxbury are finalists in a Forbes contest.



SPENCER BUELL
@MetroBOS
spencer.buell@metro.us

Two young Boston ministers on a mission to build cooperative housing in the city were competing for a big boost this week: a \$500,000 prize from Forbes.

The pair are co-founders of a nonprofit that runs an 11-room property in Roxbury's Dudley Square called the Lucy Stone Cooperative, where the garden is communal, everyone takes turns making dinner and rent is \$505, much less than typical Boston rates.

The idea, said co-founders the Rev. Elizabeth Nguyen and the Rev. Heather Concannon, came from Boston's tight-knit Unitarian Universalist community.

There is a strong religious component to the co-op — residents sometimes hold hymn and folk song sing-alongs after meals. But they said people of all faiths are welcome, and said demand for spaces in the co-op since its founding in 2011 has been strong.

"We know that more people are hungry for this type of community than are able to be housed in

it," Concannon, 27, told Metro. She lives at Lucy Stone.

The business magazine picked six finalists for the competition, called the "Forbes Under 30 \$1 Million Change the World Competition," which organizers say highlights "disruptive," socially conscious ideas.

As finalists, the pair had already been awarded \$100,000; a win would net them another \$400,000.

They are set to compete Tuesday, pitching their idea to judges in Philadelphia on behalf of their Roxbury-based organization, Unitarian Universalist Community

"We're trying to hold up a model that says that the bottom line is access and affordability and spiritual wellness, not profit."

Nguyen

Cooperatives, which has seven co-founders.

"These young superstars were chosen as finalists in this historic competition because they have the ability to solve problems, scale solutions and change the world," said Forbes Editor Randall Lane in a statement about the six finalists.

The pair of ministers told Metro that what caught Forbes' attention was the way they collected funds to pay for the Lucy Stone house by seeking low-interest loans from 13 like-minded investors.

"A key piece of that is people are increasingly

looking for ways to live their values through their investments," said Nguyen, 28.

The opportunity to inject \$500,000 into affordable housing came as low-income Bostonians were routinely being priced out of their homes, and as local organizers sought ways to combat rising rents. There are a handful of co-ops in Roxbury that are part of that picture, said Harry Smith, director of sustainable development at the Dudley Street Neighborhood Initiative in Roxbury.

"The co-operative model that they're using is not the only strategy, obviously, but it definitely is a strategy that could help keep families in Roxbury," Smith said. "We definitely admire what they do."

If they win the competition this week, they said they would consider hiring paid staff.

Regardless, they said they were in negotiations to buy a second property, also in Roxbury, to start a co-op aimed at housing adults with children.

And whether they win this week or not, Nguyen said there is a lot of value in recognition from Forbes, which picked them from a crop of more than 2,500 applicants.

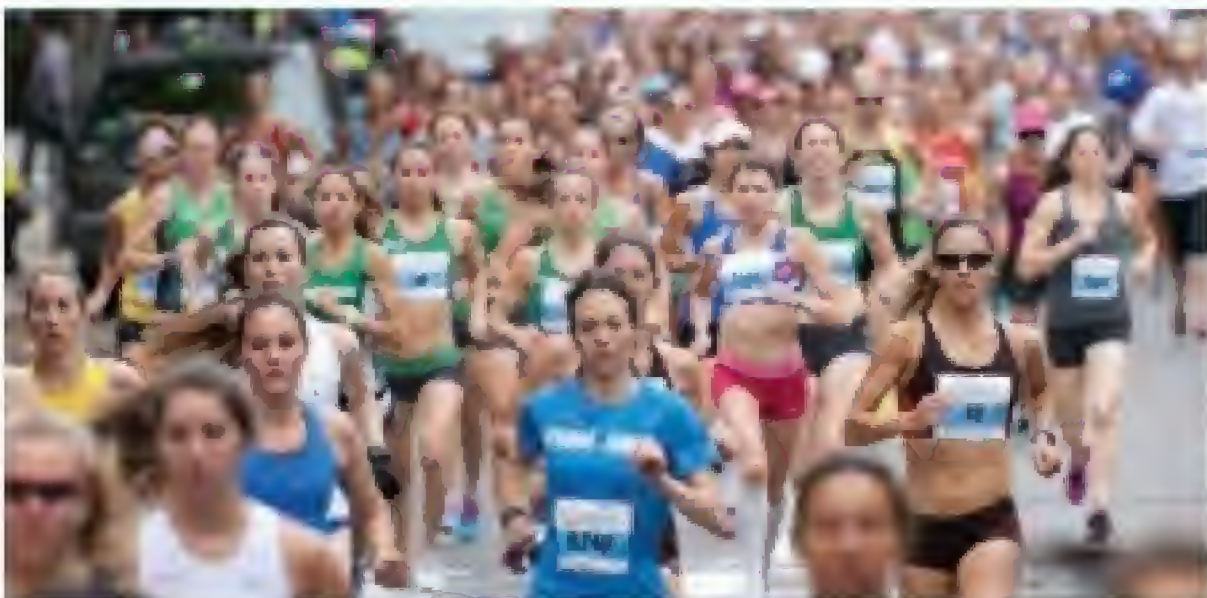
"We're trying to hold up a model that says that the bottom line is access and affordability and spiritual wellness, not profit," she said.



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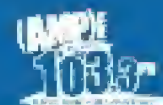
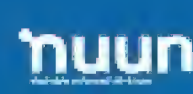
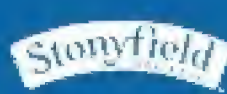
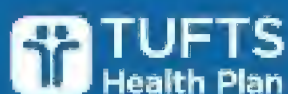
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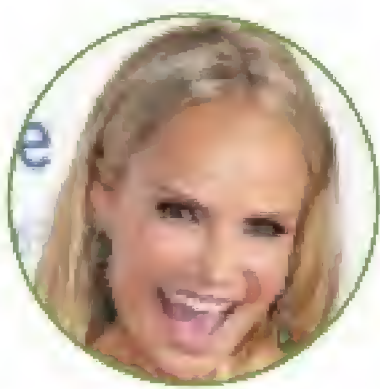
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**@KChenoweth**

My mind says go to the gym but my heart says food.

**@evanrachelwood**

I ate...way too much cereal. Like it should be illegal to consume that much chex in a day.

**@JohnMayer**

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Tom Cruise skips daughter's wedding

Before you start worrying little Suri is all grown up, remember that Tom Cruise has another daughter — Isabella Cruise, whom he adopted with ex-wife Nicole Kidman. And Isabella reportedly got hitched in a very small, very private ceremony in London last month to British IT consultant Max Parker, according to Woman's Day. How small and private? Tom and brother Connor were not in attendance. Yikes. It's unclear why the father of the bride sat this one out, but sources speculate it's to do with Isabella's disdain for public attention and concern over the buzz his presence would attract. Also, he and the groom, not a Church of Scientology member, have reportedly never met. Kidman, meanwhile, is said to be "overjoyed" by the nuptials, despite the fact that there are apparently no photos of her at the event either.



Johnny Depp's daughter is making him nervous

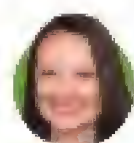
Speaking of movie stars' daughters — one more and it's a trend! — "Pirates of the Caribbean" star and five-time Private Islands Monthly cover model Johnny Depp is nervous about 16-year-old daughter Lily-Rose's sudden rise to fame. "I'm quite worried. I wasn't expecting all this to happen to Lily-Rose, especially not at this age," Depp tells Gala magazine. "But it's her passion and she's having fun. She knows I'm always there for her." Dad, stop it!



ALL PHOTOS GETTY IMAGES

Shay Mitchell completely gets your quarterlife crisis

"Pretty Little Liars" star Shay Mitchell and her best friend, vlogger Michaela Blaney, tackle the complications of 20-something life in their new novel, "Bliss."



EMILY LAURENCE
@Emlaurence
emily.laurence@metro.us

Before Shay Mitchell got her big break on "Pretty Little Liars," she was a bottle-service girl in Toronto, booking parts when she could. Working a soulless job just to pay the bills? She's been there. Friend drama? She's had her share of that, too.

Devastating

heartbreak? Definitely.

Art imitating life

All the ups and downs helped inspire Mitchell's new novel, "Bliss" (out today), which she wrote with her best friend, vlogger Michaela Blaney.

"Michaela and I got together and were just talking about the past and all the crazy experiences that made us who we are today," Mitchell tells us. "We started jotting down ideas and thought, 'We could write a book about this.' So that's kind of what we did."

Similar to Lauren Conrad's "L.A. Candy" series, Mitchell says much of what happens in the plot of the book actually happened to them, but they just heightened the drama.

One character represents Mitchell, one represents Blaney, and a third character is a composite of people they know.

Keeping it real

At its heart, "Bliss" is about friendship more than anything else — and it isn't always pretty. "Friendships go through ups and downs just like a ro-

mantic relationship does," Mitchell says. "Michaela and I have certainly had our fair share of ups and downs. We had our fair share of ups and downs writing this book!"

Her goal wasn't to make characters people liked. Instead, she wanted to make them real, showing both their good and bad sides. "None of these girls are bad girls," Mitchell says of the characters. "They're just trying to find their 'bliss' while living in their 20s."

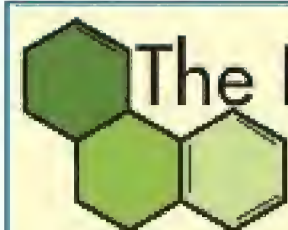
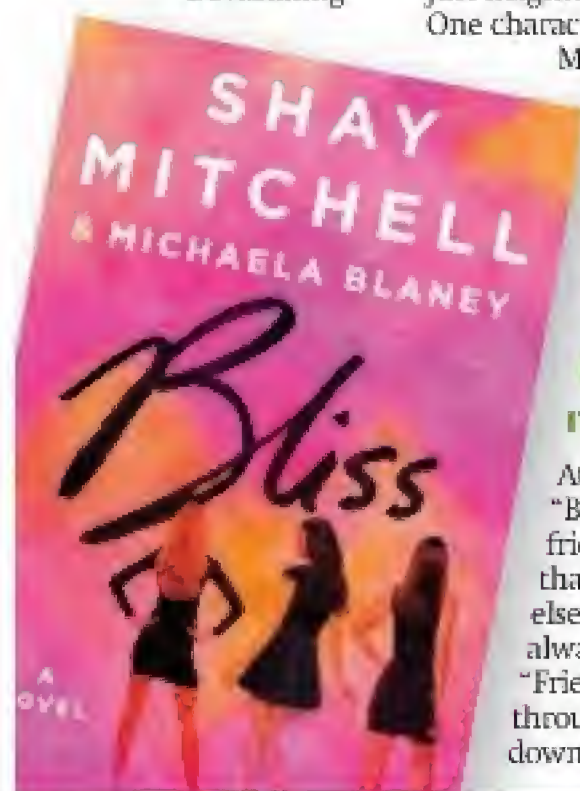
Writing it herself

While filming keeps Mitchell plenty busy, she says she has a lot of downtime on set, which is when she would write. But the book is about to become her full-time job: She's heading out on a nationwide tour to promote it.

Can't get to a signing? Mitchell is giving fans another way to connect with her. Next week, she and Blaney will host a YouTube book party, chatting with fans worldwide. Gabbing with Mitchell? Sounds like "bliss."



Shay Mitchell wrote "Bliss" with her best friend, vlogger Michaela Blaney. PROVIDED



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Just another zombie trying to have it all

Rose McIver says her "iZombie" character is still trying to balance her zombie life with her more human life.



LISA WEIDENFELD
@LisaWeidenfeld
lisa.weidenfeld@metro.us

Liv Moore is just your average young professional, trying to balance family, work and romance in the big city. Well, average in the sense that she's also a zombie who can solve crimes by gaining the memories and skills of murder victims whose brains she dines on. But that's just the world of "iZombie," which begins its second season tonight. Last season saw Liv (Rose McIver) getting ever closer to the mystery of how she became a zombie — in a modern twist, it seems to involve a bad batch of a party

drug getting mixed with an energy drink called Max Rager. Despite those gains, she also struggled with how and to whom to disclose her condition among her family and friends, and she butted heads with a fellow zombie named Blaine (David Anders of "Alias") whose zombie instincts were a little less altruistic than Liv's. Here's what McIver has to say about where Season 2 is going.

Where do things stand with Liv at the start of Season 2?

In some ways, she's in a similar predicament to the start of Season 1. Liv, through no means of her own, has managed to isolate herself and push away the people that she loves, and so she's pretty alone. The great thing is, starting with Season 2, she already has the companionship of [colleague and zombie cure researcher] Ravi. And almost like a therapist



"iZombie" returns tonight at 9 p.m. on the CW. DORAH PERA

or something, he's able to kind of talk her off the ledge with things that would almost ruin anybody.

Are she and Ravi still hard at work on finding a cure for being a zombie?

They certainly [are]! Liv is tired of eating gelatin.

Does she feel any ambivalence about getting cured, since she's doing important work as a zombie?

Absolutely. That's actually something that's very much discussed. But I think it's tough because it's given her a newfound purpose, and it's wonderful that she's able to contribute to society in a fantastic way, but it still means that she can't have kids. It means that she seemingly cannot be with the love of her life. It means that she

gets these traumatic visions all of the time. It's a sense of obligation in many ways as well, and she's always been an altruistic person so it's hard to know whether she needs this the same way.

What personas and skills will we see Liv take on this season?

In the first episode, I'm a grumpy old man, so I don't get any skills, but I get a lot of Archie Bunker-style opinions. In the second episode, I get a frat boy's brain, and so you should have seen

me and the four boys on set — they were just loving it. They were in their element. They were like, "Ah, this all makes sense." The third episode is a *Real Housewife*, and that's really fun because we actually get a bit of a physical transformation there too, which is kind of the first time Liv's done that. And then the fourth episode is a country music singer, so I get to pick up the guitar, and we have a lot of fun with that one, too.

Surprising bedfellows

Last season, Liv dated a fellow zombie. Will we see her bond with any other zombies this year?

In some ways, this season, because there's a supervillain in Max Rager and what's going on there, she ends up having to team up with the person she would never want to — that's Blaine. And obviously he killed her boyfriend. It's a difficult hurdle to overcome as friends, and I don't think friends is in the cards at the moment, but she definitely is aware that for the greater good of mankind and zombiekind, they need to work together. So you see some really interesting interactions between those two and kind of a sense of two zombies chatting about things and having companionship in each other in some ways. It's a very fraught and tense friendship, but it's an interesting one.

How's he adjusting to his new life? Blaine makes situations work for him. He's an opportunist. He's not struggling as much as anyone else would, given what he's gone through. There's pros and cons for him, but we see definitely some of the pros very early on.

Someone who's that adaptable is also good as an ally, right? Yeah! Although I wouldn't trust him as far as I can kick him.

Last season, Blaine got one of the two existing doses of the



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Aries Your charisma and ability to put others at ease will result in greater popularity. Host an informal gathering that will allow you to show off.



Taurus Let others speak their mind in order to discover information. Sit back and observe. If you try to control the conversation, you will learn very little.



Gemini Your friends and family want the best for you. Ask for help if you need it, and make use of any connections or contacts that others can offer.



Cancer Be the catalyst that puts everything in motion. Stay informed and involved, and keep networking whenever possible.



Leo Romance should be scheduled. Plan a special getaway with someone you love. If you are single, now is your chance to meet someone.



Virgo Something is happening behind the scenes that will affect your reputation. Make discreet inquiries in order to get the lowdown.



Libra Don't count on others to do the work. Initiate plans, make decisions and become a leader. It's your sharp intellect that will carry you forward.



Scorpio Expect to face resistance if you are outspoken. You will get a fresh perspective from an unlikely source. Listen and learn about what others are up to.



Sagittarius In order to spice things up, you should add some excitement to your routine. You can connect with inspirational people through travel.



Capricorn Don't get mired down with financial or legal documents. If you are having trouble concentrating, take a break.



Aquarius Step outside your comfort zone. Love and romance are highlighted, and an encounter with someone unconventional will make a difference.



Pisces If you feel unfulfilled or unappreciated in the workplace, make a change. Furthering your education will lead to a new start. **EUGENIA LAST**

Across

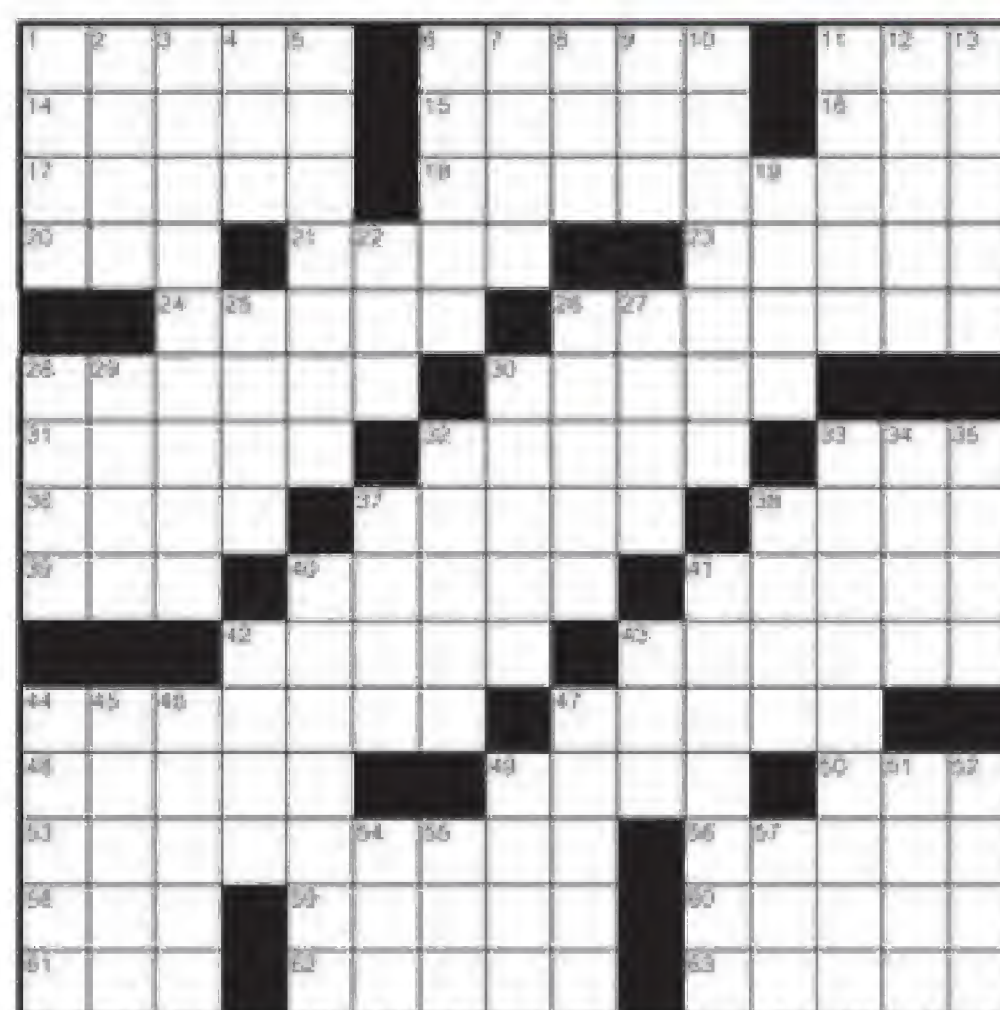
1 Coffee option
6 Lake near Reno
11 Startled cries
14 In unison (2 wds.)
15 Mountaineer's aid (2 wds.)
16 Butter serving
17 More empty
18 Long shot (2 wds.)
20 Polite word
21 Kind of hog
23 Speak publicly
24 The same
26 Very thirsty
28 Ski slope bumps
30 — Fe Trail
31 One-celled plants
32 Is priced at
33 PC monitor
36 Green Hornet's alter ego
37 Outraged
38 Costa —
39 Amorous murmur
40 Jeweler's lens
41 Lab slide dye
42 Wraps tightly
43 Ho-hum feelings
44 Goalie's job
47 Gorby's missus
48 Habituate
49 Mugger
50 Thai neighbor
53 Steel toughener
56 Marlins' city
58 British inc.

59 Reach (2 wds.)

60 Amigo's farewell
61 Proposal response
62 Turn inside out
63 — Hawkins Day

Down

1 Applies makeup
2 Morales of "La Bamba"
3 "Antiope" painter
4 "Wheel of Fortune" buy (2 wds.)
5 Umbrella tip
6 Kind of wave
7 Police sch.
8 Any ship
9 Symbol of might
10 Urges strongly
11 Talk-show name
12 Squander
13 Charger
19 Shamu or Willy
22 W. Hemisphere alliance
25 Dorm view
26 Tomato product
27 — up (pay)
28 Cleopatra's wooer
29 Ersatz butter
30 Bath cakes



32 Vulgar
33 Graph or picture (2 wds.)
34 602, to Caesar
35 Lies on the beach
37 Charged particles
38 Guidry and Howard

40 Family tree
41 Mysteries
42 "Titanic" menace
43 — de cologne
44 Vaguely
45 Related to mom
46 Backs financially

47 Scarlett's man
49 Autocrat of yore
51 Pierre's "Minel"
52 Belgian river
54 Reno loc.
55 Yves' summer
57 Boise's st.

For crossword answers, go to metro.us/crossword-answers



metro.us/sudoku

easy

	1		6	8		4	3
			2		4	1	
					1	8	9
			5			2	
		7	8	1	9	5	
		8			7		
	6	9	1				
		5	9		3		
	8	1		5	2		6

hard

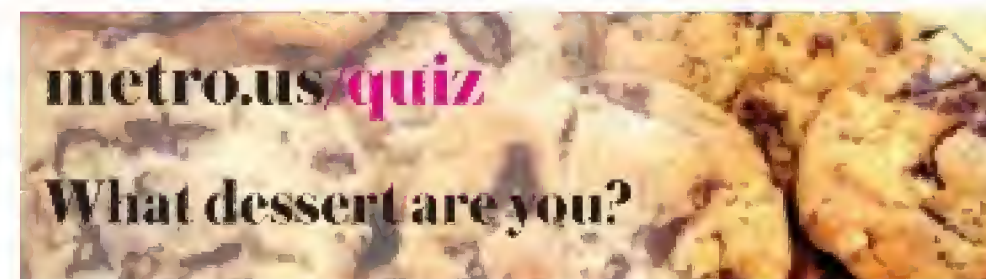
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		1	3				6
5				1	8		2
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	4						7
		8		3			6
6	8		4	2			5
	1				6	2	
		3	1	7			

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The future of breast cancer

Mount Sinai's Dr. Elisa Port makes sense of the hot topics in breast cancer today.



EVA KIS
@thisiskis
eva.kis@mtsinai.us

It didn't take the arrival of Breast Cancer Awareness Month to put a spotlight on the disease this year. Just don't give Angelina Jolie all the credit for increasing the focus.

The trend of preventive mastectomies is often said to have begun when the actress chose to have her breasts removed in 2013 when genetic testing revealed she carries the BRCA1 gene, which is known to significantly raise a woman's risk of developing breast and ovarian cancer.

But the real driver of trends in treatment is in progress in the medical field, says Dr. Elisa Port, chief of breast surgery at Mount Sinai Hospital. The

rise in women opting to undergo mastectomies coincides with advances in surgery creating more natural-looking results than before.

Port highlights this and more advances in "The New Generation Breast Cancer Book," published last month. She gave us an overview of what's making headlines in her field.

Preserving fertility

One piece of good news this year came for women whose tumors are found to be estrogen positive, in which receptors in the tumor could receive growth signals from the hormone. "We learned that a certain medication, Tamoxifen, can be taken for 10 years instead of five years, and for some women with high-risk breast cancer it can really further reduce their risk of breast cancer coming back," says Port.

The downside, however, is the drug signifi-

cantly raises the risk of birth defects, so knowing the options before starting treatment is crucial. Port recommends that pre-menopausal patients who are interested in discussing fertility preservation seek out a multidisciplinary breast cancer treatment center to discuss their options with a specialist.

Mammograms

Port dismissed the controversial recommendation by the U.S. Preventive Services Task Force that women should wait until

age 50 to start getting mammograms. "Most of us who do this every day for a living and who believe that mammograms save lives are still very much supportive of continuing [annual] mammograms in the 40- to 50-year-old age group," she says. Mammograms are also more accurate than ever because of 3-D technology, though it's not yet available in all radiology labs.

Genetic testing

Basing cancer decisions on a DNA analysis goes

beyond the BRCA gene. "That gene only accounts for a small number [of cases], and I think that's a huge misconception," says Port. Other genes, such as CHEK2 and p53, can also raise a woman's risk. "By and large, the rest of breast cancers that women get are not related to the BRCA gene, and have no known risk factor other than family history or hormone replacement therapy that they're individually re-

sponsible for." This can be tough for patients to hear — there's nothing they did, but there's also nothing they could have done. Maintaining a healthy weight and drinking in moderation reduces the risk, but beyond that, breast cancer is not a lifestyle disease. "Whatever emotions women are having related to a diagnosis of breast cancer, i.e., fear, etc., guilt shouldn't be one of them," says Port.



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This project was supported by Grant No. 2011-14-WA-0012 awarded by the Office of Violence Against Women, U.S. Department of Justice. The opinions, findings, conclusions, and recommendations expressed in this publication are those of the author(s) and do not necessarily reflect the view of the Department of Justice, Office of Violence Against Women.

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- Nutrition for a Healthy Lifestyle
- Which Colon Cancer Screening Option is Right for You

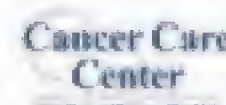
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NHL power rankings | by Rich Slate

No. 1

Blackhawks (48-28-6)

The Blackhawks won their third Stanley Cup in the past six years in June and they return most of their championship roster. Brandon Saad is gone but they added center Artem Anisimov from Columbus and defenseman Trevor Daley from Dallas.



No. 6

Capitals (45-26-11)

The Caps definitely improved under Barry Trotz but they fell in the playoffs to the Rangers in a seven-game, second-round series. Goaltender Braden Holtby became a star in 2014-15 and Alex Ovechkin continues to be a force of nature. Niklas Backstrom's health is a major concern, however.



No. 9

Blues (51-24-7)

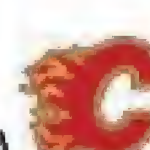
It was the same old story for the Blues (insert lame music joke here) last season as they were great in the regular season but folded in the playoffs. This is an outstanding roster, other than the key hole at the goaltender position (sorry Jake Allen and Brian Elliott).



No. 12

Flames (45-30-7)

Going into last season, nobody picked the Flames to make the playoffs. However, this inexperienced team arrived ahead of schedule and even knocked off eternally fraudulent Vancouver in the first round before losing to Anaheim in five games. The good times should continue.



No. 15

Penguins (43-27-12)

The words "Phil Kessel" and "sexy" are rarely found in the same sentence but the Penguins certainly made a splash by acquiring him over the summer. Along with Sidney Crosby and Evgeni Malkin, Pittsburgh's possible power play groups sound simply amazing.



No. 2

Lightning (50-24-8)

This placement stems from more than the fact that the Lightning battled Chicago for six tight games before falling in the Cup Final. This is a loaded young team. Tyler Johnson was Tampa Bay's breakout star in last year's postseason.



No. 4

Ducks (51-24-7)

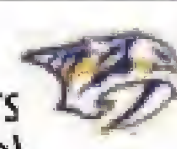
The Ducks were the top regular season team in the West last season but fell in a Game 7 in the conference final. Anaheim still boasts perhaps the most dangerous center-winger combo in the league in Ryan Getzlaf and Corey Perry.



No. 7

Predators (47-25-10)

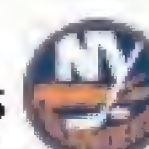
There is a lot to like about the Predators and they are probably better than their first round exit in the playoffs would indicate since they ran into the buzzsaw Blackhawks. Nashville is strong at every position this year.



No. 10

Islanders (47-28-7)

Hipsters beware, hockey is coming to Brooklyn. The Isles have a team worthy of their new home and deep down, I'm sure their players are happy to get out of dumpy Nassau Coliseum. Center John Tavares is only 25 but is already a top 10 player.



No. 13

Wings (43-25-14)

The Red Wings were underrated last season as they pushed Tampa Bay to seven games. When goaltender Jimmy Howard struggled, rookie Petr Mrazek came in and played great. Who knows how that'll be sorted out this year?



No. 16

Jets (43-26-13)

I wouldn't say this for most clubs, but just getting into the playoffs was a major accomplishment for Winnipeg. The Jets' next step is to win some games in the postseason. Defenseman Dustin Byfuglien remains a total game-changer.



No. 3

Rangers (53-22-7)

Everything lined up right for the Rangers to return to the Stanley Cup Final last season but they fell at home to the Lightning in Game 7 of the East final. New York didn't change much to its roster, but that's a good thing.



No. 5

Canadiens (50-22-10)

In the spring, the Habs looked poised to end Canada's long Cup drought (22 years and counting) but they meekly fizzled against Tampa Bay. Still, this is a very strong team led by by goaltender Carey Price, who won his first Vezina last season.



No. 8

Wild (46-28-8)

Speaking of teams that got steam-rolled by Chicago, the Wild got swept in the second round. Goaltender Devan Dubnyk came out of nowhere to lead the Wild to a playoff berth. Can he be that guy for a full season?



No. 11

Kings (40-27-15)

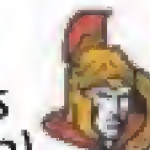
The 2014 champs missed out on the playoffs last season but don't bet on that becoming a habit in LA. An extended summer break for goaltender Jonathan Quick, defenseman Drew Doughty and center Anze Kopitar should make a world of difference.



No. 14

Senators (43-26-13)

Goaltender Andrew Hammond is out for the first few weeks with a groin injury but veteran Craig Anderson is solid. Defenseman Erik Karlsson's position is a misnomer but he is undoubtedly one of the most exciting players in the league.



No. 18

Bruins (41-27-14)

After making the postseason seven years in a row, the B's missed out on the fun last season. They have a new GM in Don Sweeney and newbies Matt Beleskey and Jimmy Hayes will be counted on immediately.



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Study visits will be conducted at Spaulding Rehabilitation Network Research Institute (SRN-RI) in Charlestown, MA, and will require 17 visits (1.5-2 hours each) over an 11-week period.

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For more information, please contact the Laboratory of Neuromodulation by phone at 617-952-6151 or by email at recruitment@neuromodulationlab.org.

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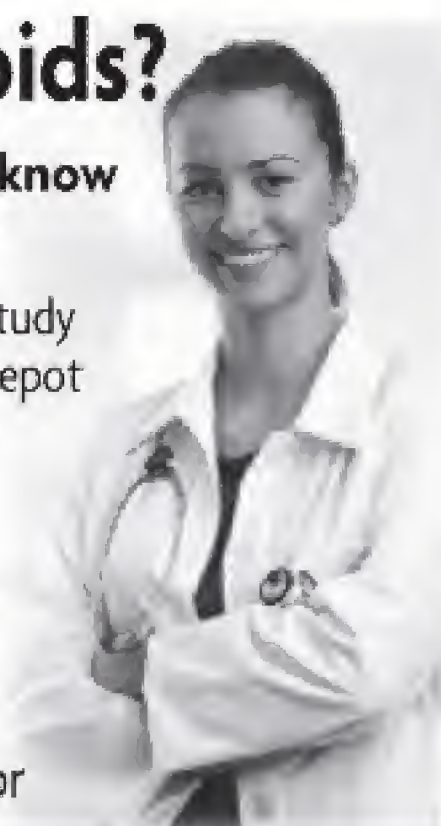
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LEGAL NOTICES

COMMONWEALTH OF MASSACHUSETTS
LAND COURT
(SEAL) DEPARTMENT OF THE TRIAL COURT 007797
ORDER OF NOTICE

TO:
Wayne Partello
and to all persons entitled to the benefit of the Servicemembers Civil Relief Act, 50 U.S.C. App. §501 et seq.:

Wells Fargo Bank, N.A. successor by merger to Wachovia Bank, N.A., successor by merger Wachovia Mortgage FSB, f/k/a World Savings Bank, FSB, claiming to have an interest in a Mortgage covering real property in Boston (Dorchester), numbered 7 Marlin Way, given by Wayne Partello to World Savings Bank, FSB, its successors and/or assignees, dated March 16, 2007, and recorded with the Suffolk County Registry of Deeds in Book 41464, Page 323, and now held by plaintiff as successor by merger, has/have filed with this court a complaint for determination of Defendant's/Defendants' Servicemembers status.

If you now are, or recently have been, in the active military service of the United States of America, then you may be entitled to the benefits of the Servicemembers Civil Relief Act. If you object to a foreclosure of the above-mentioned property on that basis, then you or your attorney must file a written appearance and answer in this court at **Three Pemberton Square, Boston, MA 02108** on or before **November 2, 2015** or you will be forever barred from claiming that you are entitled to the benefits of said Act.

Witness, JUDITH C. CUTLER Chief Justice of this Court on September 16, 2015
Attest:

10/6/15

Deborah J. Patterson
Recorder

COMMONWEALTH OF MASSACHUSETTS
LAND COURT
(SEAL) DEPARTMENT OF THE TRIAL COURT 007943
ORDER OF NOTICE

TO:
Michael Lewis
and to all persons entitled to the benefit of the Servicemembers Civil Relief Act, 50 U.S.C. App. §501 et seq.:

Wells Fargo Bank, N.A. claiming to have an interest in a Mortgage covering real property in Boston (Hyde Park), numbered 6 Adams Street, given by Michael Lewis to Wells Fargo Bank, N.A., dated August 21, 2009, and Registered with Suffolk County Registry District of the Land Court as Document Number 768777 noted on Certificate of Title Number 124436, has/have filed with this court a complaint for determination of Defendant's/Defendants' Servicemembers status.

If you now are, or recently have been, in the active military service of the United States of America, then you may be entitled to the benefits of the Servicemembers Civil Relief Act. If you object to a foreclosure of the above-mentioned property on that basis, then you or your attorney must file a written appearance and answer in this court at **Three Pemberton Square, Boston, MA 02108** on or before **November 2, 2015** or you will be forever barred from claiming that you are entitled to the benefits of said Act.

Witness, JUDITH C. CUTLER Chief Justice of this Court on September 18, 2015
Attest:

10/6/15

Deborah J. Patterson
Recorder

CITATION G.L. c. 210 § 6
Docket No. MI15A0174AD
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
In the matter of: **Ayessa Mae Olat**

To: Michael Yastone any unnamed or unknown parent and persons interested in a petition for the adoption of said child and to the Department of Children and Families of said Commonwealth.

A petition has been presented to said court by:
Laami Greenwell of Belmont, MA
Matthew Dwight Greenwell of Belmont, MA

requesting for leave to adopt said child and that the name of the child be changed to **Ayessa Mae Greenwell**

Middlesex Probate and Family Court
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ON OR BEFORE TEN O'CLOCK IN THE MORNING (10:00AM) ON: 10/30/2015

WITNESS, Hon. Edward F. Donnelly, Jr., First Justice of this Court.

Date: September 1, 2015

Register of Probate

COMMONWEALTH OF MASSACHUSETTS
LAND COURT
(SEAL) DEPARTMENT OF THE TRIAL COURT 007787
ORDER OF NOTICE

TO:
Jacqueline Lacorne
and to all persons entitled to the benefit of the Servicemembers Civil Relief Act, 50 U.S.C. App. §501 et seq.:

Wells Fargo Bank, N.A. successor by merger to Wachovia Bank, N.A., successor by merger Wachovia Mortgage FSB, f/k/a World Savings Bank, FSB,

claiming to have an interest in a Mortgage covering real property in Boston (Dorchester), numbered 8 Standard Street, given by Jacqueline Lacorne to World Savings Bank, FSB, dated July 12, 2007, and recorded with the Suffolk County Registry of Deeds in Book 42149, Page 291, and now held by plaintiff as successor by merger, has/have filed with this court a complaint for determination of Defendant's/Defendants' Servicemembers status.

If you now are, or recently have been, in the active military service of the United States of America, then you may be entitled to the benefits of the Servicemembers Civil Relief Act. If you object to a foreclosure of the above-mentioned property on that basis, then you or your attorney must file a written appearance and answer in this court at **Three Pemberton Square, Boston, MA 02108** on or before **November 2, 2015** or you will be forever barred from claiming that you are entitled to the benefits of said Act.

Witness, JUDITH C. CUTLER Chief Justice of this Court on September 16, 2015
Attest:

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Deborah J. Patterson
Recorder

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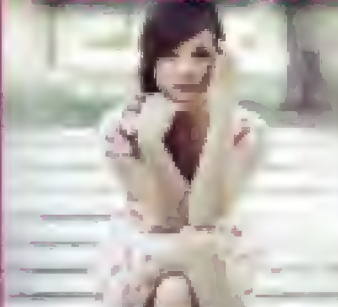
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